



ST MARY'S
CARE HOMES

CASTLE GRANGE

Scarborough

St Mary's Group

Lancaster House, Lancaster Road, Carnaby, Bridlington, YO15 3QY

Tel: 01262 213108 **Email:** info@stmarysgroup.co.uk **Web:** www.stmarysgroup.co.uk

A Warm Welcome from the St Mary's Care Team

We realise that your decision to move into a care environment may have been a soul searching and challenging time for you.

We also know that it can be a big step towards a happy and fulfilling later life. Our promise to you is that we will do all we can to make the move as comfortable and as welcoming as possible. We are here to meet your expectations and needs and we want you to feel at home.

Our commitment to you is that we will ensure our care is centred on you and your specific personal needs. We will respect your right to independence and privacy. We will listen, encourage and support you to participate in all decisions affecting your care. We will support you if you want to make a comment or complaint. We will always promote the importance of your involvement in your own plan of care because we fully understand that your views matter. We will respect your choices and help and support you to access the right services to meet your medical, physical and emotional health care needs.

Our priority is to provide you with a safe and comfortable home, with individual care that demonstrates courtesy, respect and kindness at all times.

The St Mary's Team



Key information:

Castle Grange Care Home



HOME DETAILS

Home address:

Castle Grange Care Home
16A Dean Road
Scarborough
North Yorkshire
YO12 7SN

Contact information:

01723 413164
info@castlegrange.co.uk
www.stmarysgroup.co.uk

Registered manager:

Nicola Horbury

Size of home:

86 beds over 3 floors

TYPES OF CARE

Residential care	Dementia care	Respite care	
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FACILITIES AND SERVICES

- 86 Large single rooms - all with en-suite facilities.
- Nurse call to all rooms and communal areas.
- All rooms beautifully furnished (own furniture welcome but must meet British Safety standards). Residents are encouraged and supported to personalise their room and make it home.

Shared facilities:

- Welcoming café bar
- Hair salon and beauty room
- 3 dining rooms
- 5 lounges
- Various additional seating areas
- Assisted bathrooms on all floors
- External seating terraces with amazing views of the surrounding areas

Services available:

- Delicious and nutritious menus with specialist diets and religious requirements catered for
- Snack menu available 24 hours a day
- Residents and Relatives meetings
- Meaningful activity programme designed in consultation with our residents
- Links with various community worship groups
- Themed home events
- Regular trips out
- Guest speakers and external entertainers welcomed
- Beautiful local area with lots of outside space

Key information:

Castle Grange Care Home



FUNDING ARRANGEMENTS

- **Self-funding** residents accepted
- **Local Authority** residents accepted

Fees: Self-funding fees

- **Weekly fees** – are subject to the funding category, the level of care and support required, and your choice of room.
- **Day care** – please speak to us about what you need. We can tailor a day care package to suit individual needs and fit in around your requirements.

All fees are subject to a full pre-admission assessment of an individual's care requirements in order to fully understand the level of care and support required for each person.

Please note: a third party contribution may be required to meet any shortfall in funding.

What your fees cover:

- Room fees and utilities
- Meals and all refreshments
- Your personalised care package
- Room cleaning and personal laundry
- Television licence
- Wi-Fi
- Activities programme

What your fees do not cover:

- Hairdressing and beauty treatments
- Personal toiletries
- Newspapers and magazines
- Personal clothing
- Dry cleaning
- Telephone lines and private calls
- Guest meals
- Chiropody services
- Optical services
- Contenance wear not provided by the NHS
- Dentistry

Pets policy:

Pets are accepted in-line with our pet policy and in agreement with the Home Manager.

SAMPLE DAY MENU



BREAKFAST

Choose from a selection of

Toast & Jam/Marmalade

Selection of Cereals

Porridge

Egg of choice

Ham & Egg Muffin

Croissants

Cooked breakfast (on request)

LUNCH

**Roast Loin of Pork with Stuffing
and Apple Sauce**

OR

**Red Onion & Feta Tart with Roast
Potatoes, Carrots, Sprouts &
Roast Parsnips**

Fresh Fruit Salad & Ice Cream

Choc Chip Sponge & Custard

DINNER

**Honey & Mustard Chicken Hotpot with
Creamed Potatoes, Cauliflower
and Carrots**

OR

**Sweet Potato & Coconut Curry
with Rice & Peas**

Pear & Blackcurrant Pie with Ice Cream

Cheese & Biscuits

Selection of Yoghurts

Sample Activities Planner

MORNING

AFTERNOON

MON

09:30 On your feet Ramble
10:00 Morning Coffee in the Cafe
10:30 Finish the Proverbs

13:30 School Days Reminiscence
15:30 Guest Speaker
18:00 Trivia Night

TUE

09:30 Exercise Class
10:00 Morning Coffee in the Cafe
10:30 This Day in History

13:30 Songs for Seniors Quiz
15:30 Baking with Sam - Shortbread Biscuits
18:00 Foot Spa/Hand Massage with Essential Oils

WED

09:30 On your feet Ramble
10:00 Morning Coffee in the Cafe
10:30 Rhyming Riddles Quiz

13:30 Craft Class - Make a Dream Tree
15:30 Church Service
18:00 Aromatherapy Bingo

THU

09:30 Movement to Music
10:00 Morning Coffee in the Cafe
10:30 Difficult Conversations Group - What is Safeguarding?

13:30 On your feet Ramble
15:30 Newspaper Club - This Week in News
18:00 Cheese and Wine Evening

FRI

09:30 On your feet Ramble
10:00 Morning Coffee in the Cafe
10:30 Music Bingo

13:30 Grow your own Herb Gardens
15:30 Seasonal Poetry
18:00 Sing-along for Seniors

SAT

09:30 Movement to Music
10:00 Morning Coffee in the Cafe
10:30 Food Quiz

13:30 Craft Class - Salt Dough Teddy Bear Making
15:30 Games Afternoon
18:00 Movie Evening

SUN

09:30 On your feet Ramble
10:00 Morning Coffee in the Cafe
10:30 Armchair Travel to South Africa with Chrisma

13:30 Rock on Rock Craft
15:30 Guess The Word Game
18:00 10 of the Best Things to See on the Internet this Week

SAMPLE SNACK MENU



**Toasted Crumpets served with
Butter & Jam**

**Toast and/or fresh Muffin served
with Butter & Jam**

**Freshly Prepared Sandwich with
your choice of filling**

Toasted Teacake

Jacket Potato with a choice of fillings

Cheese & Biscuits

**Soup of the Day served with
Warm Bread and Butter**

Selection of Freshly Baked Pastries/Cakes

Variety of Chocolate Bars

**Fresh Fruit (Cream/Ice Cream/Yoghurt
to accompany on request)**

Selection of Ice Creams and/or Yoghurts

Selection of Biscuits



Vision Statement and Values

Heartfelt care

Our Vision:

At St Mary's Care Homes, our vision is to be an outstanding care provider within the communities we serve. We welcome diversity and inclusion both amongst our residents and our care teams, supporting and enabling our residents to live their best lives.

At St Mary's Care Homes, we aim to deliver outstanding and personalised care through an experienced team of health care professionals. We are dedicated to maintaining the independence and dignity of our residents, providing them with choices that align with their personal needs and preferences. We aim to set new benchmarks, ensuring that every individual entrusted to our care, experiences a life of comfort, respect and fulfilment.

Our Values:

Happiness - your happiness is our priority.

Empathy - we will always try to understand your feelings.

Approachable - we are friendly and easy to talk to.

Respectful - we will be considerate in our actions.

Teamwork - we will work with you and each other to provide the best care we can.

If you would like to know more about any of the St Mary's Care Homes, we would love to welcome you for a visit to look around and to meet our team.

Further information is available on our website:

www.stmarysgroup.co.uk



ST MARY'S CARE HOMES

We are committed to providing quality person-centred care by employing caring, passionate people.

Our colleagues work closely with our residents, their loved ones and health professionals to ensure individual tailored care is delivered, meeting their needs and preferences.

With a person-centred approach at the heart of everything we do, we aim to provide compassionate care and support whilst encouraging fun, fulfilling and vibrant lifestyles.

St Mary's care homes are designed with comfort in mind, balancing modern facilities with homely furnishings to make residents safe and comfortable in their new home.

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